

# **Bobcat Bulletin**

# **Upcoming Events**

May 2 PIE Meeting @ 8:00 a.m.

May 3 4th grade to WY Outdoor Ed Day

May 3, 10, 17 & 24 Hat Days

May 6-10 STAR Testing

May 7 & 9 Music Concerts—see article

May 8 & 10 5th Grade Learning Stations

May 13 5th Grade Track & Field Day

May 13, 16 & 17 4th Grade Reservation Tours

May 14 4th Grade Track & Field Day

May 17 5th Grade WY Outdoor Weekend

May 20& 21 5th Grade Hike to Falls

May 21 4th Grade Wax Museum

May 22 Blazin' Bobcat Ultimate Golf Reward

May 23 Awards Assembly @ 1:45

May 24 Last Day of School

May 28-30 Report Cards will be mailed

# May 24

Last day of School Dismissal at 12:20 p.m.

### Field Trips

May 3-All 4th Grade Wyoming Outdoor Ed Day

May 8-Hitshew, Long & McNiven Learning Stations

May 10—Schneider & Stephen Learning Stations

May 13-McFadden & Mulholland Reservation Tour

May 13-5th Grade Track & Field Day

May 14—4th Grade Track & Field Day

May 16-Linton & Robertson Reservation Tour

May 17—Stigers Reservation Tour

May 17–5th Grade Wyoming Outdoor Ed Weekend

May 20—Hitshew, Long & McNiven Hike to Falls

May 21-Schneider & Stephen Hike to Falls

May, 2024



# From the Health Office

Please stop by the school and pick up any of your child's prescription medication by noon on May 24. Any medications left at school will be destroyed.

# **Donated Clothing & Shoes**

We are always looking for donations of gently used clothing and shoes. If you are cleaning out those outgrown items, think about donating them to the school.

We are looking for clothing sizes 7—16 and tennis shoes 4-10. We would also be happy to take those coats and jackets that are too small for your child.

Thanks so much for thinking of us.

Planning for 2024-2025? The school calendar for next year is on page 2.

### Friday Lunch and a Movie

In May, the students will watch Wreck It Ralph 2



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		July					J	anuar	<b>y</b>		18 student days
M	T	W	T	F		М	Т	W	T	F	20 teacher days
1	2	3	#	5	7/4 Independence Day				2	3	1/1 New Years Day
8	9	10	- 11	12		fi	7	8	9	10	1/6 PD Day
15	16	17	18	19		13	14	15	16	17	1/17 End of Q2
22	23	24	25	26		20	21	22	23	24	1/20 Inservice Day
29	30	31				27	28	29	30	31	
		Augus	sŧ		4 student days		F	ebrua	ry		19 student days
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5	6	7	8	9	:	10	П	12	13	14	
12	13	14	15	16	T T	11.7	18	19	20	21	2/17 No School (Snow Day)
19	20	2/1	22	23	8/19-26 Inservice Days	24	25	26	27	28	
26	JIM.	28	29	30	8/27 1st Day of School			Mark Lock			
	Se	pteml	ber		20 student days			March			18 student days
М	T	W	T	F	20 teacher days	М	T	W	T	F	18 teacher days
2	3	4	5	6	9/2 Labor Day	3	4	5	6		3/7 No School (Snow Day)
9	10	11	12	13		10	11	12	13	14	
16	17	18	19	20	:	17	18	19	20	21	3/21 End of Q3
23	24	25	26	27	<u>;</u>	24	25	26	27	28	3/28 Comp Day (P-T Conf.)
30			· · · · · ·	1	<u> </u>	31					3/31 Spring Break
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	0	ctobe	er		21 student days			April			18 student days
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14	15	16	17	18	10/18 End of Q1 (full day)	14	15	16	17	18	
21	22	23	24	25	10/25 Comp Day (P-T Conf.)	21	22	23	24	25	
28	29	30	31		10/28 PD Day	28	29	30			
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	No	vemb	ier.		18 student days			May	100		20 student days
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11	12	13	14	15		12	13	14	15	16	
18	19	20	21	22		19	20	21	22	23	5/23 No School (Snow Day)
25	26	99	28	29)	11/28 Thanksgiving	20	27	28	29	30	5/26 Memorial Day
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	D	ecemb	OF.		15 student days			June		- 4	4 student days
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	3	4	5	6	15 teacher days	2	3	4	5	6	6/5 End of Q4
9	10	11	12	13		9	Tin.	11	12	13	6/6 Inservice Day
16	17	18	19	20	12/20 Early Out (1:00 pm)	16	17	18	19	20	6/10 Summer Programs Begin
28	24	10	19	27	12/25 Christmas	23	24	25	26	27	or to Summer Frograms Degin
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# School Improvement Work



We are constantly working on "upping our game" through continuous improvement based on student data. This month our school team was joined by two parents and students to help in this process.





Thank you, Staci and
Gracie Lancaster and
Erika and Paxton Hopkin
for being our parent and
student representatives.





# **Library Books**

We hope your child is enjoying their BCE library book. The last day for check out will be Friday, May 10 and all books need to be turned into the library by May 22. Thanks for your assistance in getting these books back to the library.

# **Final Report Cards**

The final report cards will be mailed home the week of May 30. For this year's 4th grade, we will include a supply list and information about your child's 5th grade teachers.

## Are You Moving Over the Summer?

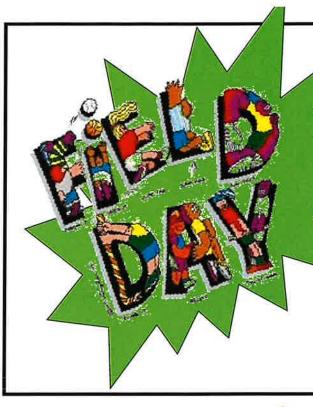
If you are moving over the summer to another city or just across town please email us at Ifriday@landerschools.org. It is helpful to us if we know about these plans. Thanks for your help in keeping our class numbers correct.



# Poetry for 4th Grade

We were thrilled to have CooXooEii Black as poet in residency for our 4th graders. The LVHS Graduate spent time with all the students talking about setting goals and poetry.





5th Grade Monday May 13

4th Grade Tuesday May 14

Baldwin Creek Elementary's Track & Field Day is a fun-filled day at the LVHS track. The day consists of students moving through stations that focus or track and field events (such as running, throwing, and jumping). Every student gets to participate in each station. There is also a tug-of-war competition. Four boys and four girls from each class will represent their homeroom and complete a 4x100 relay. These students are chosen from their spring pacer test scores. Parents and guardians are welcome to attend. We are also looking for volunteers for timers and station help. All volunteers need to have completed and approved volunteer paperwork prior to the event.



Our spring music concerts are scheduled for May 7 and 9 at the LVHS Auditorium. These programs are always enjoyable as our students perform an original song, written by the homeroom.

On Tuesday, May 7, Mrs. Mulholland, Mrs. Stigers, Mr. Hitshew, Mrs. Schneider and Mrs. Stephen's homerooms will perform.

On Thursday, May 9, Mrs. Linton, Mrs. McFadden, Mrs. Robertson, Mr. Long and Mrs. McNiven's homeroom will perform.

Students should arrive at the high school at 6:45. The concert begins at 7:00 p.m.

# Fieldtrip Supplies

When our classes go on fieldtrips, students will need to dress for the weather and bring some items with them. We all know what the weather is like in the springtime, so dressing in layers is a must. Also remember, hiking trails might be muddy so shoes might get a bit messy. For most fieldtrips students should bring:

A healthy snack Large bottle of water (1 L minimum) Sunscreen & chapstick Hat or sunglasses

Backpack

Sack lunch (no sugary drinks, please) Layers (raincoat, t-shirt, light jacket) Shoes for hiking—it might be muddy

no sandals, please

A Kind Attitude!

Our homeroom teachers will send a note through Seesaw outlining the recommended items needed for each fieldtrip.

# The Almost Impossible Shot



Jaxon Oesterholz April 4



Sabine Van Dijk April 12

Congratulations on a job well done!

### 4th Grade Families:

Information about your child's Classroom Placement will be mailed home with your child's report card. In addition to the classroom information, you will receive a supply list and calendar for next school year.









### **Volunteers Needed**

Would you like to help out with our Track and Field Days on May 13 and 14? We are looking for parent volunteers to be timers and station help. If you would like to volunteer one or both days, please contact the school for a Volunteer packet. This paperwork must be returned and approved before you can volunteer. Thank you for helping us make this event a success.

### 5th Grade Families

It's time to be thinking about your child's transition to Middle School. A Parent Night is scheduled for May 15, 5:30 p.m. at the Lander Middle School. The form to sign up for music classes was sent via Infinite Campus Messenger with a live link to access the Music Request form. In case you missed it the first time, the form will be sent again on May 6 and 13.

# Student of the Month

Each month our classroom teachers choose a Student of the Month based on a list of exemplary traits that characterize outstanding Bobcats. The list includes a positive attitude, self-control, integrity, enthusiasm for learning, accountability, compassion for others, respect, good citizenship, being kind, encouraging others, honesty, grit and perseverance. Classroom teachers submit the name of the student along with a paragraph detailing why they were chosen as Student of the Month. A student photograph and the paragraph are posted in the building. Nice job Bobcats!



Jude Dierking Mrs. Linton's Class



Levi Olsen Mrs. Robertson's Class

# 4th Grade



Isaac Robinson Mrs. Mulholland's Class



Halle Wendell Mrs. McFadden's Class



Kynleigh Beason Mrs. Stigers' Class

Congratulations to our Students of the Month!

# 5th Grade



Fisher Garland Mr. Hitshew's Class



Bryer Giesmann Mr. Long's Class

# Student of the Month



Zoey Brown Mrs. McNiven's Class



Braxton Watts

Mrs. Schneider's Class



Josie Friday Mrs. Stephen's Class

Congratulations to our Students of the Month!

# Athlete of the Month Solomon Archambaut



4th Grade

Sully has great athletic ability. He is always striving to improve his strength and fitness. However, he is even better at avoiding unsportsmanlike situations. He will be engaged in a game or activity and will make sure everyone on his team feels valued.

High five Solomon!

April, 2024

# Athlete of the Month Cora Kemp



5th Grade

Cora Kemp- Cora is a hard working athlete! She gives 100% every time she walks into PE class. She asks for clarification because she wants to make sure she is doing things correctly. She is a team player and helps others.

April, 2024



Maddie McClure



Maddie McClure is our May Artist of the Month! Maddie is a fantastic artist who puts a lot of effort and time into her artwork. Even though she's quiet, her art speaks loud and clear Maddie is extremely respectful in class and always tries her best. We're so proud of her hard work and talent. Way to go, Maddie, you truly deserve to be our Artist of the Month!

Maddie is a 4<sup>th</sup> grade student in Mrs. Stigers' class.



Tyson Rounds

Tyson Rounds is the May **Artist of the Month**. Tyson's dedication and hard work in the art classroom have been truly inspiring, not only producing exceptional work himself but also uplifting and encouraging his fellow students to strive for their best. Let's celebrate Tyson's creativity and leadership!

Congrats, Tyson on earning the Artist of the Month!

Tyson is a 5<sup>th</sup> grade student in

Mrs. McNiven's class.







### Overview

Get ready for some fun as we focus on Creativity this month! One way to think about Creativity is "using your imagination to create something new or solve a problem." Opportunities to be Creative are all around us! How can you find ways to be Creative as a family this month?

Creativity is 1 of 3 traits we will focus on throughout the year that helps students Be Well. Throughout the school, students will be developing skills like emotion regulation, positive self-talk, and stress-management.

### **Conversation Starters**



- What is a problem you could solve using Creativity?
- How could you use Creativity to help you with positive self-talk?

### In The Classroom

What we believe about ourselves influences our well-being. This month, 4th grade students will focus on positive self-talk, which is the ability to notice unhelpful thoughts and turn them into more helpful thoughts. They will also use the Emotion Elements identify how they feel.

#### **Emotion Elements**

- Wind represents feeling words like inspired, anxious, playful, and nervous.
- Water represents feeling words like concerned, thoughtful, tired, and bored.
- Fire represents feeling words like annoyed, overwhelmed, excited, and scared.
- Earth represents feeling words like motivated, focused, confident, and proud.











Have some fun connecting as a family this month while practicing Creativity. Here are 3 "PurposeFull Pursuits" for you to complete together. How many can you do this month?

### Pursuit #1

Get Creative with expressing your emotions through a game of emotion charades! Gather as a family and brainstorm some emotion words. Write them on slips of paper and turn them facedown. Then, take turns choosing a slip of paper and acting out the emotion (assist with reading as needed). Other family members will guess the emotion that is being acted out. After each person's turn, take a moment to talk about what we may need when experiencing these emotions.

### Pursuit #2

Review Creativity as a family. Creativity is using your imagination to create something new or solve a problem. This challenge is about creating something new - together! Find a large cardboard box and unleash your Creativity as you work together to create something totally new. What can the box become? Perhaps it will be a spaceship, an ice cream shop, a fairy castle, or a race car. Use any craft supplies or scraps on hand and your imagination to turn an ordinary box into a new creation!



### Pursuit #3

Set aside some time to gather as a family and check in with each other. Ask each family member, "How are you feeling today?" Practice Honesty when responding and listen carefully as each family member shares. Use the emotion check-in questions to learn more and practice Creativity to come up with a new question to learn more! Challenge yourselves to check in with each other on a regular basis!



### **Emotion Check-In Questions:**

- Tell me more about that feeling.
- Why do you think you are feeling that emotion?
- What do you need right now?







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### In The Classroom

Managing stress in healthy ways is critical to our well-being. This month, 5th grade students will focus on stress management. This work includes the following:

- Noticing the body's reaction to stress
- Creating plans and practicing strategies to manage or prevent stress

We will use the Emotion Elements to identify the emotions related to stress.

### **Emotion Elements**

- Wind represents feeling words like inspired, anxious, playful, and nervous.
- Water represents feeling words like concerned, thoughtful, tired, and bored.
- Fire represents feeling words like annoyed, overwhelmed, excited, and scared.
- Earth represents feeling words like motivated, focused, confident, and proud.

### **Conversation Starters**



- Is being Creative and using your imagination something you enjoy doing? Why or why not?
- How are you able to use Creativity to help you manage your stress?









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# 9

### **Emotion Check-In Questions:**

- Tell me more about that feeling.
- Why do you think you are feeling that emotion?
- What do you need right now?





Mon	Tüe	Wed	Thu	E
4/29/2024	4/30/2024	6/1/2024	5/2/2024	5/3/2024
Main Entree Min French Toast Assorted Cold Cereal Fresh Fruit Canned Fruit Dessert Syrup Cup	Main Entree Pancake Wrap Maple (Turkey) Passorde Cold Cereal Fruit Fresh Fruit Canned Fruit Assorted Fruit Juice Cups	Main Entree Banana Bread Bassorted Cold Cereal Fruit Fruit Canned Fruit	Main Entree Eggstravaganza Assorted Cold Cereal Grainola Bar Quaker Fruit Fresh Fruit	Main Entree Breakfast Smoothie- Lemonade Stand Assorted Cold Cereal Grain Cinnamon Goldfish Graham Fruit Fresh Fruit
Main Entree Mini Waffle Assorted Cold Cereal Fruit Fresh Fruit Canned Fruit Dessert Syrup Cup	Main Entree Biscuit & Gravy (k-5) Assorted Cold Cereal Fresh Fruit Canned Fruit Assorted Fruit	6/8/2024 Main Entree Muffin Assorted WG (2.0 oz) Yogurt Yami 4 oz Assorted Cold Cereal Fruit Fresh Fruit Canned Fruit	Main Entree Omelet Cheese Colby Toast WG Assoned Cold Cereal Fruit Fresh Fruit Canned Fruit Assorted Fruit	Main Entree Mini Bagel Assorted Cold Cereal Fruit Fresh Fruit Canned Fruit
5/13/2024	5/14/2024	5/15/2024	5/16/2024	5/17/2024
Main Entree Pancake WG Assorted Cold Cereal Fruit Fresh Fruit Canned Fruit Assorted Fruit Juice Cups Dessert Syrup Cup	Main Entree Fried Egg, Toast, Hash Assorted Cold Cereal Fruit Fresh Fruit Canned Fruit Assorted Fruit Juice Cups	Main Entree Benefit Bar (assonted) Assorted Cold Cereal Fruit Fresh Fruit Canned Fruit Assorted Fruit Juice Cups	Main Entree Cheese Egg Sausage Sandwich Assorted Cold Cereal Fruit Fresh Fruit Canned Fruit	Main Entree Cinnamon Roll WG Assorted Cold Cereal Fruit Fresh Fruit Canned Fruit
5/20/2024	5/21/2024	5/22/2024	5/23/2024	5/24/2024
Main Entree Breakfast Smoothle- Pineapple Strawberry Assorted Cold Cereal Grain Scooby Snacks Fruit Fruit Fresh Fruit Canned Fruit Juice Cups	Main Entree Breakfast Burrito Cheese & Egg Assorted Cold Cereal Fruit Fresh Fruit Canned Fruit	Main Entree Breakfast Rounds Assorted Cold Cereal Fresh Fruit Canned Fruit	Main Entree Breakfast Pizza Assorted Cold Cereal Fruit Fresh Fruit Canned Fruit Assorted Fruit Juice Cups	Main Entree Donut Ring Magic Apple Donut Ring Magic Apple Frait Fresh Fruit Canned Fruit Assorted Fruit Juice Cups

A variety of low fat milk provided with each meal.

Menu subject to change without notice.

FCSD#1 is an equal opportunity provider.

Reduced Price Meal Benefit applications are always available. Fore more information contact Alicia Espinosa, Food Service Director at 307-332-4711 or visit http://www.landerschools.org/foodservice





Mon	Tùe	PoW	Thu	Edi
4/29/2024	4/30/2024	5/1/2024	5/2/2024	5/3/2024
Main Entree BBQ Pork Rib Sandwich	re Fajita (K-5)	Main Entree zCheese Filled Breadstick	Main Entree Sweet and Sour Chicken & Rice (K-	Main Entree Breaded Chicken Strips (tender)
Vegetable Fresh Veggies Fresh Veggies	Vegetable Frosh Veggles	Vegerabie Fresh Veggies Frozen Verdie	Vegetable	Vegetable Fresh Veggies Fresh Veggies
Fruit		Marinara Cup	Frozen Veggie	Fruit
Eresh Fruit Canned Fruit	Fresh Fruit Canned Fruit	Fruit Fresh Fruit	Fruit Fresh Fruit	Fresh Fruit Canned Fruit
		Canned Fruit	Canned Fruit	
5/6/2024		5/8/2024	5/9/2024	5/10/2024
Main Entree	Main Entree	Main Entree	Main Entree	Main Entree
Cheeseburger	laco lots (k-5)	ZWG Pizza- 4xo Cheese	Vegetable	Vegetable
Fresh Veggies	Cheez- It Crackers	Fresh Veggies	Fresh Veggies	Fresh Veggies
Frozen Veggie	Vegetable	Frozen Veggle	Fruit	Fruit Fresh Fruit
Fruit Canned Fruit	Fresh veggles Fresh Veggle	Fresh Fruit Canned Fruit	Fresh Fruit Canned Fruit	Canned Fruit
	Fresh Fruit Canned Fruit			
5/13/2024	5/14/2024	5/15/2024	5/16/2024	5/17/2024
Main Entree	Main Entree	Main Entree	Main Entree	Main Entree
Saucy Meatballs	Cheesy Nachos (K-5)	zPizza French Bread	Teriyaki Chicken & Rice (GF) k-5 Grain	Cheese Enchiladas GF
Ciocamoo Goldfish Graham	Fresh Veggies	Fresh Veggies	Fortune Cookie	Fresh Veggies
Vegetable	Frozen Veggie	Frozen Veggie	Vegetable	Frozen Veggie
Fresh Veggies	Fruit	Fruit need need	Fresh Veggies	Fruit Fresh Fruit
Fruit	Canned Fruit	Canned Fruit	Fruit	Canned Fruit
Fresh Fruit Canned Fruit			Fresh Fruit Canned Fruit	
6/20/2024	4 5/21/2024	5/22/2024	5/23/2024	5/24/2024
Main Entree	Main Entree	Main Entree	Main Entree Chicken Nuccets ColdKist Brand	Main Entree
Cheeseburger	Vegetable	Vegetable	Vegetable	Vegetable
Fresh Veggies	Fresh Veggies	Fresh Veggies Frozen Veggies	Fresh Veggies Frozen Veggie	Chip Gluten Free (lays) Fresh Veggles
Fruit	Fruit	Fruit	Fruit	Frozen Veggie
Fresh Fruit Canned Fruit	Fresh Fruit Canned Fruit	Fresh Fruit Canned Fruit	Fresh Fruit Canned Fruit	Fruit Fresh Fruit
G.				Canned Fruit  Dessert  Dessert Cookie
700012013	5/28/2024	5/29/2024	5/30/2024	5/31/2024
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